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Haemato-biochemical, ultrasonographic and histopathological changes associated with canine pyometra

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Abstract

The study was conducted to ascertain the haemato-biochemical, ultrasonographic and histopathological changes associated with cystic endometrial hyperplasia (CEH)-pyometra complex in dogs and also to correlate uterine wall thickness with haemato-biochemical and histopathological changes. Dogs presented to clinic at the Department of Veterinary Gynaecology and Obstetrics were selected for the present study as control (Group I) and pyometra group (Group II) which were subjected to ultrasonographic examination and haemato-biochemical evaluation. Uterine tissue samples collected after ovariohysterectomy were subjected for histopathological evaluation. On trans-abdominal ultrasonography, an increase in the uterine wall thickness (4.28 ± 0.32 mm) and uterine horn diameter (32.85 ± 13.75 mm) was observed in CEH- pyometra cases. Absolute leukocytosis with neutrophilia and lymphopenia were prominent hematological changes whereas, elevation in BUN, creatinine, ALT and total protein level along with hypoalbuminaemia were significant findings in serum biochemical profile of dogs with CEH- pyometra complex. Considerable alterations were found in the histological architecture of uterine tissue in CEH- pyometra affected dogs compared to control group animals. However, there was no significant correlation between uterine wall thickness and haemato-biochemical profile as well as histopathological changes in CEH- pyometra affected dogs in the present study.

Keywords: CEH- Pyometra complex, trans-abdominal ultrasonography, ovariohysterectomy, histopathology

Introduction

Pyometra is one of the most critical and frequent diseases of intact female dogs affecting more than half of their population and if left untreated, mortality rate can reach up to 3-10 per cent [1]. Pyometra is characterized by uterine bacterial infection and inflammation with pus accumulating in the uterus. Till date, pathophysiology of pyometra has not been completely understood. While cystic endometrial hyperplasia (CEH) is present in the majority of dogs with pyometra, some dogs may develop pyometra without showing any evidence of CEH. The pathophysiological alterations in the uterus and the haemato-biochemical changes that occur during pyometra have been recommended as prognostic indications for pyometra-affected dogs [2]. While ultrasonography remains as an efficient way to diagnose pyometra, histopathology gives a greater insight to the damage that has happened to the uterine wall by the infection and inflammation [3]. The present study was conducted to ascertain the haemato-biochemical, ultrasonographic and histopathological changes associated with CEH- pyometra in dogs, further to correlate uterine wall thickness with haemato-biochemical and histopathological changes.

Materials and Methods

Dogs presented to clinic at the Department of Veterinary Gynaecology and Obstetrics were selected for the present study. Ten healthy diestral dogs served as control animals (Group I) whereas, twenty CEH- pyometra affected dogs (Group II) were further subdivided into Group II-A and Group II-B based on the mean uterine wall thickness. Dogs from all the groups were subjected to B-mode, real time ultrasound scanning (PROSOUND ALPHA, Japan) equipped with curvilinear multi-frequency (5.0 MHz) probe to assess the uterine wall thickness and the distension of uterine horns. The mean uterine wall thickness of animals in Group II was calculated and further subdivision of the group was done as Group II-A, which included animals with uterine wall thickness below or equal to the average ($n=9$) and Group II-B, which

included animals with uterine wall thickness above the average (n=11).

Blood samples were collected from all the animals before ovariohysterectomy. Haemato-biochemical parameters included total erythrocyte count (TEC), total leucocyte count (TLC), differential leukocyte count (DLC), haemoglobin (Hb), packed cell volume (PCV), platelet count, blood urea nitrogen (BUN), creatinine, albumin, globulin, total protein (TP) and alanine amino transferase (ALT) were determined using semi auto analyzer. Uterine tissue samples collected from all the animals after ovariohysterectomy were subjected for histopathological evaluation.

The data obtained in the study was tabulated and subjected to t- test to assess significant differences among means, where $P \leq 0.05$ was considered as statistically significant. This statistical analysis was done with the help of SPSS (version 16.0) statistical software.

Results and Discussion

The results of the present study has been represented in Table 1 and 2. There was significant increase ($P < 0.05$) in the TLC and neutrophil percentage of group II dogs that was in line with Shah *et al.* (2020), Singh *et al.* (2020) and Vijay *et al.* (2021) [4, 5, 6] attributable to higher amount of inflammatory response initiated by the diffused suppurative inflammation of uterus [7]. Mild anemia observed in the animals of Group II was in agreement with the findings of Babu *et al.* (2018), Maharathi *et al.* (2020), Rosa filho *et al.* (2020) and dos Anjos *et al.* (2021) [8, 9, 10, 11]. Normocytic, normochromic anaemia observed in pyometra affected dogs is due to the toxic effects of uterine contents on the bone marrow, lack of available iron and diapedesis of erythrocytes to the uterus [12]. Animals with renal dysfunction due to endotoxaemia most likely produce less erythropoietin, further worsening the anemia [11]. Significant decrease ($P < 0.05$) in the lymphocyte percentage of Group II dogs was in accordance with Plavec *et al.* (2006) and Lakshmikanth (2016) [13, 14], which might be attributed to the severe stress during the disease. Further, lymphopenia occurs due to immunosuppression and inhibition of mitogen driven lymphocyte proliferation during pyometra [15].

Significant increase ($P < 0.05$) in the BUN, serum creatinine, TP and ALT of Group II dogs was observed in the present study which was in agreement with the previous reports by Shah *et al.* (2017) [17]. Significant decrease ($P < 0.05$) in the serum albumin was found in the Group II dogs compared to

Group I dogs similar to the findings of Renukaradhya (2011), Shah *et al.* (2017), Lee *et al.* (2016) [16, 17, 18], owing to renal dysfunction due to deposition of the immune complexes along the glomerular basement membrane which allows leakage of plasma albumin. The present findings of marked increase in globulin over albumin fraction in pyometra dogs could be due to an acute phase reaction and synthesis of antibodies in response to bacterial infection [12].

There was significant increase ($P < 0.05$) in the uterine wall thickness of animals of Group II (4.28 ± 0.32 mm) when compared to control dogs (2.03 ± 0.22 mm) which was in line with Rautela and Katiyar (2009), Ahuja *et al.* (2019) and Singh *et al.* (2020) [19, 20]. There was no significant difference between haemato-biochemical parameters of Group II-A and Group II-B dogs suggesting no influence of mean uterine wall over the haemato- biochemical values of pyometra affected dogs (Table 2). The present findings were in conformity with the observations of De Bosschere *et al.* (2001) [21] who opined that CEH and pyometra were separate ailments and could prevail independently. The current findings were in contrast to the observations of Manokaran *et al.* (2014) and Manokaran *et al.* (2018) [22, 23], who found a proportionate increase in the biochemical parameters as the uterine wall thickness increased.

The uterine tissue from control animals showed intact smooth endometrial lining with columnar cells and presence of endometrial glands in the endometrial stroma without any pathological changes. Whereas, Group II- A animals had cystic endometrial hyperplasia and endometrial proliferation along with edema of stroma. Infiltration of neutrophils, lymphocytes, plasma cells and macrophages in the stroma and glandular lumen were found in all cases. Vacuolation and desquamation of glandular epithelium, eosinophilic or basophilic secretions in the glandular lumen, fibrous proliferation of endometrial stroma and adenomyosis were observed in few cases. Group II-B animals also had similar lesions except for marked villous proliferation of the endometrium and squamous metaplasia in few cases. The histopathological observations made in the present study were in line with Dow (1959), Bigliardi *et al.* (2004), Jena *et al.* (2015), Rosa filho *et al.* (2020) and Wozna-Wysocka *et al.* (2021) [3, 10, 24, 25, 26]. However, no correlation between the thickness and the histopathological changes was noticed in the present study which is in agreement with Sur and Chakravorty (2016) [27].

Table 1: Haemato-biochemical profile of control and pyometra affected dogs (Mean \pm SE)

Parameters	Control (n=10)	CEH- pyometra (n=20)
TEC ($\times 10^6$ /cmm)	6.46 ± 0.55	5.46 ± 0.25
Hb (g/dL)	11.65 ± 0.56	11.38 ± 0.59
PCV (%)	35.47 ± 1.62	36.12 ± 1.77
TLC ($\times 10^3$ /cmm)	7.48 ± 0.53^a	47.52 ± 7.00^b
Neutrophil (%)	70.57 ± 1.29^a	83.46 ± 1.06^b
Lymphocyte (%)	27.89 ± 1.19^b	12.5 ± 0.93^a
Monocyte (%)	1.54 ± 0.38	2.67 ± 0.62
Eosinophil (%)	0.00 ± 0.00	1.37 ± 0.32
Platelet ($\times 10^3$ /cmm)	239.67 ± 28.02	202.4 ± 21.96
TP (g/dL)	6.24 ± 0.29^a	7.38 ± 0.20^b
Albumin (g/dL)	3.02 ± 0.20^b	2.28 ± 0.07^a
Globulin (g/dL)	3.22 ± 0.18^a	5.15 ± 0.22^b
BUN (mg/dL)	15.22 ± 3.05^a	30.50 ± 5.35^b
Creatinine (mg/dL)	0.97 ± 0.11^a	2.73 ± 0.51^b
ALT (U/L)	25.24 ± 4.10^a	36.30 ± 2.49^b

Values bearing different superscripts (a, b) within a row differ significantly ($P < 0.05$)

Table 2: Hemoto-biochemical profile in Group II-A and Group II-B dogs (Mean \pm SE)

Parameters	CEH- pyometra affected dogs	
	Group II-A (n=9)	Group II-B (n=11)
TEC ($\times 10^6/\text{cmm}$)	5.02 \pm 0.35	5.82 \pm 0.34
Hb (g/dL)	10.50 \pm 0.70	12.11 \pm 0.89
PCV (%)	33.78 \pm 1.95	38.05 \pm 2.73
TLC ($\times 10^3/\text{cmm}$)	54.82 \pm 12.47	41.55 \pm 7.71
Neutrophil (%)	83.81 \pm 1.24	83.18 \pm 1.70
Lymphocyte (%)	12.66 \pm 0.85	12.37 \pm 1.59
Monocyte (%)	2.17 \pm 0.58	3.07 \pm 1.05
Eosinophil (%)	1.37 \pm 0.44	1.37 \pm 0.48
Platelet ($\times 10^3/\text{cmm}$)	221.67 \pm 20.58	186.64 \pm 36.53
TP (g/dL)	7.26 \pm 0.22	7.48 \pm 0.33
Albumin (g/dL)	2.38 \pm 0.07	2.20 \pm 0.12
Globulin (g/dL)	4.99 \pm 0.26	5.28 \pm 0.36
BUN (mg/dL)	26.13 \pm 8.07	34.07 \pm 7.31
Creatinine (mg/dL)	2.32 \pm 0.75	3.07 \pm 0.71
ALT (U/L)	35.12 \pm 1.88	37.28 \pm 4.35

None of the values were significantly different ($P < 0.05$)

This could possibly be due to diverse microscopic changes found in the CEH- pyometra affected uterus irrespective of the thickness of the uterine wall. In contrast, Manokaran *et al.* (2014) and Manokaran *et al.* (2018) ^{15, 16} reported that histopathological changes were proportionally higher or severe in thicker uterine wall than thinner ones.

Conclusion

Leukocytosis with neutrophilia and lymphopenia, elevation in BUN and total protein along with hypoalbuminaemia were the significant findings in dogs with CEH- pyometra complex in the present study. Thickness of the uterine wall showed variation in individual animals affected by CEH- pyometra and there was no relationship between the uterine wall thickness and haemato-biochemical profile of the CEH-pyometra affected dogs. Similarly, no correlation exists between the histopathological changes and uterine wall thickness in CEH- pyometra affected animals. However, there is a need for further studies in larger population of the animals to derive more accurate results.

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Conflict of interest

Authors have no conflict of interest

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