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### Effect of dietary antioxidant and aloe vera leaf powder supplementation on gut health and immunocompetence of Vanaraja birds under heat stress

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#### Abstract

A total of 180 Vanaraja birds aged 8 weeks were divided into six groups *viz.*, three control groups fed on basal feed (BF), *Oxycure* supplemented basal feed (OX) and *Aloe vera* supplemented basal feed (AV) and their corresponding treatment groups BFHS, OXHS and AVHS. Treatment birds were subjected to heat-stress (38°C and 40% Relative Humidity (RH); Temperature-Humidity Index, THI=86), for four hours daily for a period of four weeks in an environment-controlled chamber. Control birds were maintained at ambient conditions throughout the trial period (mean THI=78.29). The magnitude of humoral immunity decreased significantly ( $P \le 0.01$ ) after four weeks of heat-stress and dietary supplementation of *Oxycure* had minimal impact. The cell mediated immunity also decreased significantly ( $P \le 0.05$ ) on exposure to heat-stress and dietary supplementation of either *Oxycure* or *Aloe vera* failed to improve it. Both duodenal and ileal mean villi heights were significantly ( $P \le 0.01$ ) greater in control birds fed on *Aloe vera* supplemented feed. Supplementation of feed with either *Aloe vera* or *Oxycure* yielded relatively higher duodenal and ileal villi heights and villi height to crypt depth ratios in heat-stressed subjects. Furthermore, heat-stress has significantly increased the number of harmful (*E. coli* and *Salmonella*) and decreased the number of probiotic (*Lactobacillus*) bacteria in the intestines. Dietary *Aloe vera* supplementation has also positively influenced the gut-microbiota in heat-stressed birds.

Keywords: Heat-stress, Vanaraja, temperature-humidity index (THI), gut health, immunity, Aloe vera, Oxycure

#### Introduction

Increased demand for poultry products has led to the application of various breeding strategies to develop high yielding poultry varieties. These modern poultry genotypes are fast growing with higher metabolic activity and sensitivity to temperature changes (Settar *et al.*, 1999; Deeb and Cahaner, 2002) <sup>[26, 6]</sup>. As a result, and with climate change becoming a reality, heat stress has emerged as a major concern in poultry industry (IPCC, 2007) <sup>[11]</sup>.

Although accurate data on economic losses incurred by Indian poultry industry due to heatstress are not available, studies suggest that these losses are alarming and require immediate and comprehensive approach to deal with. Therefore, it is imperative to begin focusing on climate resilient agriculture systems to deal with heat-stress and climate change to ensure fair productivity even under environmental adversities.

Heat-stress in birds leads to altered behavioural, physiological and immunological responses which generally result in decreased productivity and immune-competence (Lara and Rostagno, 2013; Shakeri *et al.*, 2018 and Wang *et al.* 2018) <sup>[13, 27, 30]</sup>. Higher environmental temperatures alter the activity of the neuro-endocrine system of poultry, resulting in the activation of Hypothalamic-Pituitary-Adrenal (HPA) axis, with elevated plasma corticosterone concentrations (Garriga *et al.*, 2006; Star *et al.*, 2008; Quinteiro Filho *et al.*, 2010 and Quinteiro Filho *et al.*, 2012) <sup>[9, 29, 20, 21].</sup>

Modulation of immune response by central nervous system (CNS) is mediated by a complex network between the nervous, endocrine and immune systems. Lymphocytes, monocytes or macrophages, and granulocytes exhibit receptors for many neuro-endocrine products of the HPA and SAM (Sympathetic-Adrenal-Medullary) axes, such as cortisol and catecholamines (released during stress), which can affect cellular trafficking, proliferation, cytokine secretion, antibody production and cytolytic activity (Downing and Miyan, 2000; Padgett and Glaser, 2003; Butts *et al.*, 2008 and Marketon and Glaser, 2008) <sup>[8, 18, 5, 15]</sup>.

However, major immuno-suppressive effects of heat stress include reduced weights of lymphoid organs such as spleen, thymus and bursa (Quinteiro-Filho *et al.*, 2010 and Ghazi *et al.* 2012) <sup>[20, 10]</sup> and low levels of circulating antibodies (Bartlett and Smith, 2003) <sup>[3]</sup>.

Vanaraja is a multi-colored, dual-purpose, backyard chicken variety developed to suit the free-range farming conditions of rural India. Males of Vanaraja grow up to 2 kg by 12 weeks, while the female chickens produce about 110 eggs up to 72 weeks under free range conditions (Zuyie *et al.*, 2009)<sup>[3]</sup>. These birds can perform well on diets poor in Metabolizable Energy (ME) and protein, unlike the commercial varieties, provided they are given balanced feed during the initial 6 weeks of age (Rama Rao *et al.*, 2005)<sup>[23]</sup>.

Although Vanaraja has displayed a promising performance in the field till date, there always is a need to re-evaluate the performance of these birds under adverse conditions owing to the dynamic nature of climate change. Thus, the present study was taken up to assess the impact of heat-stress exclusively on gut health and immuno-competence of Vanaraja birds along with subsidiary evaluation of heat-stress ameliorative properties of *Oxycure* (a vitamin and mineral supplement) and *Aloe vera* leaf powder (0.5%).

#### Materials and Methods Experimental Birds

Vanaraja birds were used as experimental subjects in this study. Vanaraja is a dual-purpose chicken variety suitable for backyard rearing, developed by ICAR-DPR, Hyderabad.

#### **Feeding of Birds**

All the birds were given standard Maize-Soya based basal diet supplemented with *Oxycure* (a mineral and vitamin supplement) and *Aloe vera* powder (0.5%) in certain treatments (Tables 1a and 1b).

#### **Temperature-Humidity Index (THI)**

The ambient temperature and relative humidity (RH) inside the shed were recorded daily using a Traceable<sup>®</sup> Thermometer/Clock/Humidity Meter (*Cat. No. 4040*). The ambient temperature and RH readings were used to calculate the THI as per Moraes *et al.* (2008) <sup>[16]</sup>.

A total of 180 birds aged 8 weeks were divided into six groups (n=30; 6 replicates  $\times$  5 birds) namely BF (fed on basal feed alone), BFHS (fed on basal feed and exposed to heat-stress), OX (fed on *Oxycure* supplemented basal feed), OXHS (fed on *Oxycure* supplemented basal feed and exposed to heat-stress), AV (fed on *Aloe vera* supplemented basal feed) and AVHS (fed on *Aloe vera* supplemented basal feed and exposed to heat-stress). Birds were subjected to heat-stress by exposing them to 38°C temperature and 40% RH (THI= 86) in an environment-controlled 'walk-in' humidity chamber (Newtronic<sup>®</sup>) daily for 4 hours from 9 to 12 weeks of age. Feed and water were provided *ad-libitum*.

Birds were vaccinated against Newcastle Disease Virus on day 5 (LaSota), day 28 (LaSota) and at the end of 9<sup>th</sup> week (R<sub>2</sub>B). Serum and whole blood were collected for haemagglutination inhibition assay and lymphocyte transformation test, respectively. Antibody titre in each of the serum samples was recorded and expressed as the log<sub>2</sub> value. These data were subjected to one-way ANOVA to test the effect of heat stress period on the humoral immune response of Vanaraja birds against Newcastle Disease Virus. Further, the significant differences were compared using Duncan's Multiple Range Test (DMRT) as modified by Kramer (1957) <sup>[12]</sup>. Lymphocyte transformation test was carried out as per Mosmann, 1983 <sup>[17]</sup>.

#### Histo-Morphometry of Duodenum and Ileum

At the end of the trial, 6 birds from each group were randomly selected and humanely slaughtered. Segments from the duodenum (midpoint), and ileum ( $\approx 10$  cm proximal to the ileo-caecal junction) were taken and fixed in 10% formaldehyde solution and later embedded in paraffin wax. Histological studies were performed on 5 µm sections (4 cross-sections for each sample), stained by haematoxylin and eosin, and examined by Olympus® AX70 microscope fitted with an Olympus<sup>®</sup> DP27 digital camera. Tissue processing and staining were carried out as per the protocol laid by Luna, 1968. The villus height was measured from the villus-crypt junction to the villus tip, while crypt depth was defined as the depth of the invagination between 2 villi *i.e.*, downwards from villus-crypt junction to the end of mucosal layer (Awad et al., 2008), as shown in the fig. 1 and 2. The measurements were made using Olympus cellSens<sup>™</sup> microscope imaging software.

#### **Intestinal Bacterial Count**

At the end of the trial, a total of 36 birds (n=6) were randomly selected and humanely slaughtered. Intestinal contents from ileum and caecum were separately collected from each bird. The collected intestinal contents were processed and cultured under specific growth conditions in order to estimate the number of colony forming units (cfu) of *Escherichia coli* using EMB Agar- M317 (HiMedia<sup>®</sup>), *Lactobacillus species* using Lactobacillus MRS Agar- M641 (HiMedia<sup>®</sup>) and *Salmonella species* using Xylose-Lysine Deoxycholate (XLD) Agar- M031 (HiMedia<sup>®</sup>) in a known quantity of sample as per Wise (2006) <sup>[31]</sup> and Sanders (2012) <sup>[25]</sup>, as shown in fig. 3, 4 and 5. The number of cfu is proportional to the number of viable bacterial cells present.

Data were subjected to one-way ANOVA to test whether these parameters differed significantly between the groups. Further, significant differences were compared using Duncan's Multiple Range Test (DMRT), as modified by Kramer (1957)<sup>[12]</sup>.

#### Results

#### Haemagglutination Inhibition (HI)

No significant differences in the mean HI dilutions (Table 2) were observed among the groups even after three successive weeks of heat-stress exposure. However, at the end of fourth week of heat-stress exposure, significant ( $P \le 0.01$ ) differences between the groups were observed where all non-heatstressed groups displayed better humoral immune response than that of the heat-stressed groups, *i.e.*, significantly  $(P \le 0.01)$  greater mean HI dilution values in groups AV, BF and OX than in their corresponding heat stressed groups AVHS, BFHS and OXHS. Also, no significant differences were observed between the mean HI dilution values of all groups of heat-stressed birds (AVHS, BFHS and OXHS). Unlike, AV and BF groups, whose mean HI dilution values are significantly ( $P \le 0.01$ ) higher than that of their heatstressed counterparts, the mean HI dilution value of OX group did not differ significantly with its heat-stressed counterpart at the end of 4<sup>th</sup> week of heat-stress exposure.

#### Lymphocyte Transformation Test

The results as depicted by the stimulation index values (Table 2) showed significantly ( $P \le 0.05$ ) higher values in birds subjected to heat-stress. However, the indices were similar among BF and BFHS. Higher index values indicate reduced cell mediated immune response and vice-versa.

#### Histo-Morphometry of Duodenum and Ileum

The results of the histo-morphometric study are presented in the table 3. In duodenum, significantly ( $P \le 0.01$ ) lower mean villi heights were observed in heat-stressed birds than in nonheat-stressed birds. Least mean villi heights (1597.58 ± 5.95 µm) were observed in BFHS, followed by BF and OXHS (1682.08 ± 6.31 and 1703.51 ± 3.17 µm, respectively), while the crypt depth was significantly ( $P \le 0.01$ ) higher in heatstressed groups except in AVHS, whose values were comparable with all control groups.

In ileum, the mean villi height was significantly low in heatstressed birds compared to control. It was least in BFHS (1161.93  $\pm$  24.67 µm) and improved upon supplementation either with *Aloe vera* (1242.46  $\pm$  4.40 µm) or with *Oxycure* (1232.74  $\pm$  7.95 µm). Crypt depth differed significantly (*P*≤ 0.01) between AVHS and BFHS groups and between their corresponding control groups. However, in heat-stressed and control birds supplemented with *Oxycure*, mean crypt depth did not differ significantly.

Villi height-crypt depth ratios of both ileum and duodenum were significantly ( $P \le 0.01$ ) lower in heat-stressed birds than in control birds.

#### **Intestinal Bacterial Count**

The results pertaining to bacterial count are presented in table 4. Significant influence of treatment was observed on the counts of E. coli and Salmonella in caecum and counts of Lactobacilli in ileum. The number of E. coli was significantly higher in the caecum of heat stressed birds fed basal feed and Oxycure supplemented feed. The counts were intermediate in birds fed Aloe vera supplemented feed. While, significantly lesser number of E. coli were observed in the caeca of control birds fed basal feed and basal feed supplemented with Oxycure. Although statistically not significant, ileal Salmonella count was numerically higher in heat-stressed birds with and without supplementation, while caecal Salmonella count was highest in Aloe vera supplemented groups with 0.42  $\pm$  0.12 million cfu/m coL (in AV) and 0.38  $\pm$ 0.10 million cfu/mL (in AVHS). Caecal count was significantly ( $P \le 0.05$ ) lower in control birds fed on basal feed and Oxycure supplemented basal feed. The ileal Lactobacilli counts significantly (P < 0.05) differed between the groups, with highest count recorded in AV (1.41  $\pm$  0.28 million cfu/mL), followed by OXHS ( $1.10 \pm 0.15$  million cfu/mL).

#### Discussion

No significant influence of heat stress was observed on the humoral immune response even after three successive weeks of heat stress exposure. However, there was significant decrease in humoral immune response at the end of fourth week of heat stress in all the experimental groups, when compared to their respective controls. However, the decrease was non-significant among the two *Oxycure* supplemented groups indicating heat ameliorative influence of *Oxycure*. Similar beneficial effect of *Oxycure* was reported in the Annual Report of ICAR-DPR (2017-18).

The results of Lymphocyte Transformation Test as depicted

by the calculated stimulation index values revealed that birds subjected to heat stress showed significantly poor cell mediated immunity when compared to their respective controls. Higher index value indicates reduced CMI response and *vice versa*. The results also suggest non-significant impact of supplementation of either *Oxycure* or *Aloe vera* on CMI response of heat stressed birds. The present observations are in agreement with the previous findings. Regnier and Kelley (1981) <sup>[24]</sup> reported suppressed CMI response in chicken exposed to either heat or cold stress. On the contrary, Puthpongsiriporn *et al.* (2001) <sup>[19]</sup> reported that CMI response was greater in hens fed with vitamin E and C.

The mean villi heights in duodenum and ileum were significantly lower in all the groups subjected to heat stress when compared to controls. Similarly, villi height-crypt depth ratios in duodenum and ileum decreased significantly in heat stressed birds compared to their respective controls. The present findings on alteration of histomorphometry are in agreement with the previous reports. For instance, Burkholder et al. (2008)<sup>[4]</sup> reported a significant decrease in crypt depth in heat stressed broilers compared with control group. While Deng et al. (2012) [7] observed reduced villi heights and villi height to crypt depth ratios in ileum and caecum of heat stressed birds. Further, Sohail et al. (2012) [28] reported significantly lowered villi heights and crypt depths in heat stressed birds. The present study showed a beneficial effect of Aloe vera supplementation to basal feed with respect to the morphometry of duodenum and ileum. Similarly, there is a marginal improvement in morphometry with Oxycure supplementation both in control and heat stressed groups. This is evident from among the heat stressed birds, those which were fed on Aloe vera and Oxycure had significantly (P < 0.01) greater duodenal and ileal villi heights than those fed on basal feed alone. Also, the supplemented groups showed significantly reduced intestinal epithelial cell turnover than those fed on basal feed alone. Several earlier studies reported beneficial effects of probiotic supplementation on the tropic effect of intestinal micro architecture (Wong et al., 2006 and Rahimi et al., 2009) <sup>[32, 22]</sup>. The feed supplements used in the present study may have acted as a prebiotic that supported the growth of probiotic microflora eventually showing improvement of micro architecture.

In the present study, ileal and caecal E. coli, Salmonella and Lactobacilli were counted to understand the impact of heat stress on gut microflora. Maximum number of E. coli in caecum was recorded in heat stressed birds fed on basal feed  $(0.65 \pm 0.18 \text{ million cfu/mL})$  and *Oxycure* supplemented basal feed (0.67  $\pm$  0.13 million cfu/mL) indicating no effect of supplementation of Oxycure on caecal E. coli count in heat stressed birds. Similarly, the caecal E. coli population in both the Aloe vera supplemented groups showed no difference indicating its positive influence on gut health. Though there was no significant difference in ileal Salmonella count among all the groups, the counts were numerically high in heat stressed birds. Ileal lactobacilli counts were highest in nonheat stressed birds supplemented with Aloe vera. The quality of microflora in terms of ileal Lactobacilli did not deteriorate in birds subjected to heat stress upon supplementation with Oxycure indicating the beneficial effect of Oxycure in heat stress conditions.

In general, evidence has been generated in this study to affirmatively conclude that gut health and immunocompetence of Vanaraja birds are affected under heat-stress and dietary supplementation of *Oxycure* and *Aloe*  *vera* (0.5%) has marginally improved their performance. Supplementation of feed with either *Oxycure* or *Aloe vera* has had no impact on the magnitude of immune response under heat-stress. Conversely, both *Oxycure* and *Aloe vera* had beneficial effect on the gut health of heat-stressed birds as evidenced by the increased villi height-crypt depth ratios (both in duodenum and ileum). Heat-stress, in this study has significantly altered the quality of microflora and dietary supplementation of *Aloe vera*, but not *Oxycure*, was found to be beneficial in improving the quality of microflora.

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#### **Statement of Animal Rights**

All activities involving birds including their slaughter were performed in compliance with the ethical standards with prior approval of Institutional Animal Ethics Committee, ICAR-Directorate of Poultry Research.

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#### **Conflict of Interest Statement**

The authors declare that they have no conflict of interest.

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