



ISSN (E): 2277- 7695
ISSN (P): 2349-8242
NAAS Rating: 5.23
TPI 2021; SP-10(5): 150-151
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www.thepharmajournal.com
Received: 19-02-2021
Accepted: 06-04-2021

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Father's involvement in raising children: Urban areas

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Abstract

Anyone can father a child, but being a dad takes a lifetime. Father's involvement play a key role in every child's life that cannot be filled by others. This involvement can have a large impact on a child and help shape him or her into the person they become. The perception and practices of fathering in India is changing rapidly. Traditional Indian notions endorsed the fathers' role as a provider, protector, teacher and a moral guardian to children (Kane 1974; Krishnan, 1998). The present study makes an attempt to understand the father's involvement in raising children: urban areas. The results revealed that 92 percent faced difficulties in fulfilling children's physical and psychological needs, 88 percent fathers Created a conducive environment for children's, 83 percent fathers Guided for future and making them independent, 75 percent fathers inculcated in good values, habits in children.

Keywords: Father's involvement, children

Introduction

Fathers, like mothers, are pillars in the development of a child's emotional well-being. Children look to their fathers to lay down the rules and enforce them. They also look to their fathers to provide a feeling of security, both physical and emotional. Children want to make their fathers proud, and an involved father promotes inner growth and strength. Studies have shown that when fathers are affectionate and supportive, it greatly affects a child's cognitive and social development. It also in stills an overall sense of well-being and self-confidence.

Most fathers in today's urban context in western India (Mumbai, Baroda, and Jaipur) expect an ideal father to be aware of and address the child's need, and be a friend, teacher and guide to the child (Saraff & Srivastava, 2008) [4].

In addition, fathers think it is their 'duty' to create a conducive environment for the child's growth, address their child's health needs, support both present but future security of the child, and maintain healthy loving and close relationships with children. Research studies with Indian fathers report a host of positive fathering Ideals such as guiding children's education, becoming more open, expressive, adopting less strict discipline measures, assigning more importance to children and their fathering role, prioritizing communication with their children, and engaging children in extracurricular activities (Mathur & Mathur, 2006; Sandhu, 2008; Sriram, 2003, 2008) [3, 5, 6].

Research Method

It focused on children (3 to 15 years). The main focus of the study was to study father's involvement in raising children: urban areas.

Research findings and Discussion

The data collected with respect to understand the fathers involvement in raising children: urban areas. The results revealed that 92 percent faced difficulties in fulfilling children's physical and psychological needs, 88 percent fathers Created a conducive environment for children's, 83 percent fathers Guided for future and making them independent, 75 percent fathers inculcated in good values, habits in children.

Conclusion

The data collected with respect to understand the fathers involvement in raising children: urban areas. The results revealed that 92 percent faced difficulties in fulfilling children's physical and psychological needs, 88 percent fathers Created a conducive environment for children's, 83 percent fathers Guided for future and making them independent, 75 percent fathers inculcated in good values, habits in children.

Table 1: Shows in Statements category, F and P

n = 60

S. No.	Statements	Total		
		Category	F	P
1	Faced difficulties in fulfilling children's physical and psychological needs	Yes	55	92
		No	5	8
2	Creating a conducive environment for children's	Yes	53	88
		No	7	12
3	Guiding for future and making them independent	Yes	50	83
		No	10	17
4	Inculcating good values, habits in children	Yes	45	75
		No	15	25
		Total	60	100

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