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Folk Medicine in the Territory of Ukraine: Introduction to the Problem

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ABSTRACT

The folk medicine is the important part of national history. All nations have their own traditional treatments that ages were selected and carefully stored in the memory of generations. The modern problems of folk medicine in different parts of Ukraine were reviewed in this article.

Keywords: folk medicine, Ukraine.

1. Introduction

Prerequisites for the development and implementation of folk medicine in Ukraine to reach the millennial history of ancient cultures. In essence, it is the oldest medicine that is known to mankind. For centuries medicine is mainly based on natural ingredients and holistic approach to person. This experience is going, enriched, and the most valuable part used in medical science. All nations have their own traditional treatments that ages were selected and carefully stored in the memory of generations^[4].

This historical roots of folk medicine gave rise to official medicine, which is based on experiment and materialist philosophy^[2].

2. Results and Discussion

From the time of the first civilizations constant companion of treatment based on the principles of science, healing was that different people at different times practiced by shamans, wizards, witches, priests, psychics, therapists, etc. They have always been competitors in the fight for patients. A characteristic feature of recent years to the laws of many countries in the health sector is the increased attention to the problems of legal settlement activity in the field of folk and alternative medicine (FaAM)^[2,3].

As you know, the World Health Organization (WHO) has recognized that knowledge of natural medicine for the people to whom they should be fully respected. Scientists leading countries reached a consensus that folk medicine is far ahead of the effectiveness of academic medicine, for example, in the treatment of cancer in some cases, the validity of the methods of folk medicine in 2.5-3 times higher than academic^[5]. Such conclusions are happy not only qualified doctors with global developments, but and charlatans that promise to cure for a nominal fee from the most serious diseases, referring to the practice of the WHO.

Unfortunately, in the Soviet literature, problems, related to the provision of medical care using measures of folk medicine, is not widespread coverage. Most theoretical and methodological research relating to governance and the mechanisms of regulation of Health of Ukraine.

Systems analysis of scientific works of Ukrainian authors suggests that the development of public health management in general and government regulation of folk medicine, in particular, remains poorly understood. The study of this problem is still scattered, not systematically incorporated. Some work as academics enable only slightly to reveal the problem.

Modern folk and alternative medicine in Ukraine based largely on the use of methods (herbal medicine), and the borrowed and modified methods. To the east of Ukraine the most used methods such as chiropractic, acupuncture. Of Western scholars is homeopathy, iridology, naturopathy, hydrotherapy, and others.

According to the analysis made by us literature, Ukrainian folk medicine - is a complex set. Which combination found positive empirical knowledge, means medical magic, folk tradition, and later - the elements of professional medicine, the phenomenon of existence of broad international experience and local observations^[1].

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Exploring the means and methods of national treatment in East Ukrainian context taking into account the historical, socio-economic, cultural and social factors and environmental conditions indicates the presence of both common and ethnic-specific features. This fellowship is equally characteristic of all structural components of traditional medicine. The overwhelming majority of techniques and methods of preventing illnesses, ideas about diseases and their causes, people's views on doctors, as are the treatments have a wider existence. Most clearly seen in the area of folk herbal medicine. Set plants, their scope and title in manpoy cases similar (wormwood, mint, burdock, oregano).

With all the richness of species composition and diversity of plant resources of dosage forms, materials research suggest the preferential use of plants native flora. For example, some plants are widely used in one region have limited scope, or even not used elsewhere.

Having things in common as in most ways and methods of treatment, and views on the disease and its etiology, folk doctors, traditional methods of diagnosis and prevention exist in all regions of Ukraine. All components of folk medicine, we see well-preserved archaic elements.

Folk medicines should not move away into oblivion. Modern scientific medicine and pharmacy whose roots folk empirical knowledge acquired in the course of centuries of experience, constantly enriched by folk heritage.

At the end of this exploration is presented, based on research Ya. Radysh, a brief description of methods and tools of folk medicine in the practical use of Zaporozhian Cossacks ¹⁶¹.

For the treatment of bone fractures in damaged places imposed ointments or patches, and used for the immobilization splint. For the treatment of burns using quinoa leaves, plantain. Ancient doctors were able to treat frostbite. To this end, using medications that healers are prepared from raw materials of plant or animal origin.

During the liberation war of the Ukrainian people 1648 - 1654 years he was under the leadership of Bogdan Khmelnytsky treatment of purulent wounds moist meat used mold (the prototype of modern antibiotics) and plantain extracts. The Cossacks of the period had some knowledge of hygiene. The well-known researcher Battle near Berestechko I.K.Svyeshnikov writes: "The number of finds at the crossing allows to state that each Cossack wore a spoon in a leather pouch on his belt ..." This indicates a high level of personal hygiene and culture in the Cossack army.

Among the Cossack general use items found by a group of Ukrainian archaeologists during excavations on the site of the Battle of Brest, and found items associated with the Cossack "medicine." We found a small gray-brown bowl with funnel walls, which contained black - brown mass with slight resinous odor, and lay on top of a piece of mineral. The analysis showed that black and brown mass ointment is that its composition resembles concentrate mixed with distilled tar powder stibnite. It is known that stibnite was a major component of the cure of various diseases in its healing properties medieval physicians believed like a panacea, as when using internal and external with diseases, including the treatment of wounds.

Were among the finds and likely Cossack Surgical Instruments: triangular with sharp knife along the sides and at the end of the working section and rectangular handle and rounded handle with head and attached it to the floating-loop

eyelets.

You can not say there is not, and where one of the very interesting finding that witnessed the Battle near Berestechko - leather wallet with exceptionally decorated ornament slotted front wall.

For the treatment of various types of stomatitis using honey, which is now known, has good antibacterial and wound-healing properties. Among the clauses, which reminded soldiers, and find a "liver hurts men after drinking excessive" For the treatment of liver diseases Zarozhian Cossacks used herbs that have an antispasmodic and choleric effect. It is usual peppermint, wormwood, chamomile and celandine great. These plants are widely used in medicine today. A further study of ancient medical sources is one of the most promising areas of medical and historical research, which can play a positive role in the spiritual revival of Ukrainian medicine.

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