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## Effects of lesion of Amygdaloid nuclei on blood immunocytes in male albino rats

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### Abstract

The regulatory role of nervous system on immune system has been emphasized by several investigators. In the present study, the role of basolateral nucleus (BLP), central nucleus (CeA) and medial nucleus (MeA) of amygdala on Total count (TC) of WBC, Differential Count (DC) of WBC and Arneeth count of neutrophil were studied after two weeks of lesion of these nuclei of amygdala by electrolytic method in separate groups of rats. The results of these lesioned rats were compared with that of control and sham operated rats. Though the TC of WBC was not altered after lesion of any one of the three amygdaloid nuclei. The percentage of lymphocyte was significantly increased in BLP lesioned rat and decreased in CeA lesioned rats that of the control and sham operated rats. The percentage of neutrophil was significantly decreased in BLP lesioned rat compared to that of control and sham operated rats after two weeks of operation. In Arneeth count the percentage of 3 lobed and 4 lobed neutrophils was significantly decreased while the percentage of 6 lobe and 7 lobed was significantly increased in BIP lesioned rats compared to that of control and sham operated rats after two weeks of operation. It appears from this study that BLP and CeA of amygdala exhibit a modulatory role on blood immunocytes and this immunomodulatory role of different nuclei of amygdala is not similar.

**Keywords:** Amygdala, Immune response, WBC, Arneeth count.

### Introduction

The amygdala is a part of the limbic system most specifically involved with emotional experience (Morris *et al.*, 1996, Kandal *et al.*, 2000) [1, 26]. Electrical stimulation of amygdala in humans produces feeling of fear. Conversely damage to amygdala in experimental animals produces tameness (Kandel *et al.*, 2000) [26]. In humans lesions of amygdala occur as a part of the wide spread Urbach-Wiethe disease, a degenerative condition associated with calcium deposition in amygdala. This disease disrupts unconscious processing of cues of fear (Kandel *et al.*, 2000) [26]. Amygdala is not only a centre of implicit conditioned memory; it has direct neural connection to the autonomic preganglionic neurons, hypothalamus and septum (Ader *et al.*, 1996) [33]. It is receiving projection from vagus nerve (Ge *et al.*, 2001) [16]. The cytokine expression may be induced in amygdaloid nuclear complex by immunization (Gao *et al.*, 2000) [15] and it suggests that the neurons in this area are involved in possible immune regulation.

Basolateral amygdala (BLP) has a critical role on memory consolidation. Lesions of the basolateral complex block the acquisition and expression of fear conditioning (Canteras *et al.*, 1992 [6], Ledoux *et al.*, 1990., maren *et al.*, 1999) [27, 29] and lesion of central nucleus of amygdala (CeA) inhibits the expression of fear conditional responses using visual or auditory system (Goosens *et al.*, 2001) [18]. CeA is also involved in the modulation of attention, arousal & vigilance during conditioning and CeA has a significant role in generating both the mPVN (medial para ventricular nucleus) and CRF (Cortico tropin releasing factor) cell response, and ACTH release following systemic IL-1 $\beta$  administration (Xu *et al.*, 1999) [49]. The role of BLP and CeA on behavior and immune system was studied after lesion of these nuclei of amygdala in rat (Grijalva *et al.* 1990) [50]. It was reported that NKCC was not significantly changed in these lesioned animals through CeA lesioned rats were over active and BLP lesioned ones were hyperactive. (Grijalva *et al.* 1990) [50]. The amygdala has direct neuronal connections to autonomic preganglionic neuron, hypothalamus and septum (Ader *et al.*, 1996) [33]. It is also connected to immunomodulatory areas such as hippocampus, striatum, mid brain, nucleus accumbens, and cerebral cortex (McDonald *et al.*, 1998; Pitkanen *et al.*, 2000 [28, 39]; Price *et al.* 1987, Mascagni *et al.* 1993) [30, 40]. Different nuclei of amygdala such as basolateral, central and medial have different role on behaviour and are connected to different area of brain.

BPL is connected to hippocampus and polymodal association cortex, prefrontal cortex. CeA is connected to viscerosensory cortex, prefrontal cortex and MeA is connected olfactory bulb (Jolkkonen *et al.*, 1998) [51].

Considering the neural connections of BLP, CeA and MeA of amygdala with autonomic neural regulating centers and/or immunomodulatory areas such as hypothalamus, septum, hippocampus, thalamus and midbrain it is pertinent to investigate the changes of blood immunocyte such as lymphocytes, monocytes and neutrophils.

## Methods

### Animals

In this study 42 male albino rats (Charles-Foster strain) weighing 200–220 g were used. Animals were housed individually in polypropylene animal cages with food pellets and water ad libitum in the animal room with a 12-hour light-dark cycle (light 7 a.m. to 7 p.m.). The animal room was maintained at a temperature of  $25 \pm 1$  °C. According to the Institutional Animal Ethical Committee all adequate measures were taken to minimize the pain and discomfort to the rats.

### Design of Experiments

#### Experiment I: TC of Blood WBC, DC of Blood WBC and Arneth count of Neutrophil

Eighteen rats were equally divided into 3 groups: control, sham-operated and BLP lesioned rat. Total count (TC) of WBC, differential count (DC) of WBC and Arneth count of Neutrophils were measured in BLP lesioned and sham-operated groups 2 weeks after surgery and also in control group.

#### Experiment II: TC of Blood WBC, DC of Blood WBC and Arneth count of Neutrophil

Twelve rats were equally divided into 2 groups: sham-operated and CeA lesioned rats. Total count (TC) of WBC, differential count (DC) of WBC and Arneth count of Neutrophils were measured in CeA lesioned rats and sham-operated groups 2 weeks after surgery.

#### Experiment III: TC of Blood WBC, DC of Blood WBC and Arneth count of Neutrophil

Twelve rats were equally divided into 2 groups: sham-operated and MeA lesioned rats. Total count (TC) of WBC, differential count (DC) of WBC and Arneth count of Neutrophils were measured in MeA lesioned rats and sham-operated rats 2 weeks after surgery.

### Blood Collection

The blood was collected (0.5 ml) from the heart of a deeply anesthetized rat (Na-thiopentone, 50 mg/kg body weight, i.p.) by a syringe containing 100  $\mu$ l of Na-citrate (3.8%, Sigma) between 2: 30 and 3: 00 p.m. on the day of sacrifice (2 or 3 weeks after surgery). 1.5 ml of blood was also collected subsequently. The blood was mixed with 0.1 g ethylenediaminetetraacetic acid for the determination of TC, DC of WBC and Arneth count of Neutrophil.

### TC, DC of WBC and Arneth count of Neutrophil

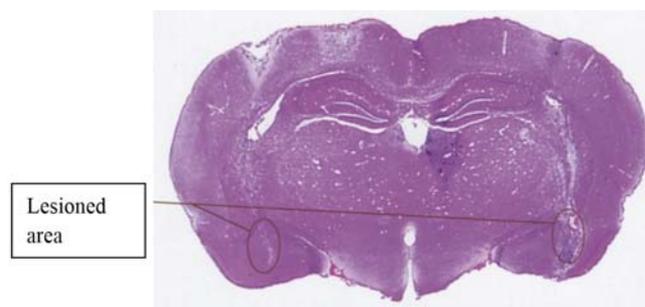
The TC of WBC was measured with the help of a Neubauer hemocytometer [WHO, 2000] [47]. The DC of WBC and Arneth count of Neutrophils were determined microscopically on the blood film stained with Leishman stain (Merck) [WHO, 2000] [47].

### Confirmation of Lesion by Histology

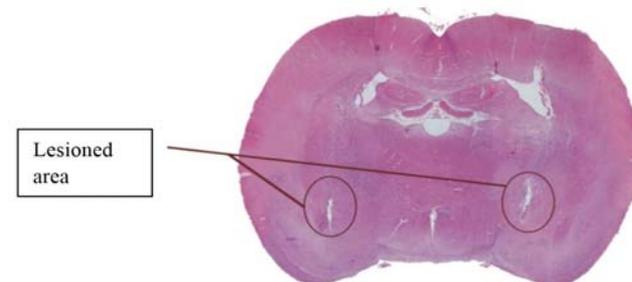
The animals were sacrificed at the end of the experiment and were perfused intracardially with 0.9% saline followed by 10% formaldehyde solution. The brains were removed from the skulls and were kept in 10% formalin solution for fixation. After dehydration and clearing, paraffin blocks of those brains were prepared and 10-  $\mu$  m-thick sections were cut by a microtome. The brain sections were stained by hematoxylin-eosin to identify the lesioned area (fig. 1, 2 and 3).

### Statistical Analysis

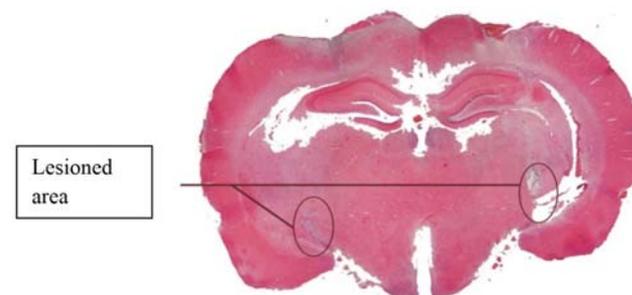
Data are expressed as mean  $\pm$  SEM. One-way ANOVA was employed to compare the data of the control, sham-operated and Amygdala-lesioned groups followed by LSD post hoc test using the Statistical Package for Social Science Software (SPSS software: 9.0.0, USA).  $P \geq 0.05$  was considered as a significant difference



**Fig 1:** Hematoxylin-eosin-stained coronal histological section of rat brain showing the Amygdala (BLP) lesioned area.



**Fig 2:** Hematoxylin-eosin-stained coronal histological section of rat brain showing the Amygdala (CeA) lesioned area.



**Fig 3:** Hematoxylin-eosin-stained coronal histological section of rat brain showing the Amygdala (MeA) lesioned area.

## Results

### Experiment I

The TC of WBC remained unaltered in the BLP lesioned rats (2 weeks after surgery) compared to that in the control and sham-operated groups. The percentage of Neutrophil was significantly decreased [ $F(2, 15) = 7.75, P < 0.001$ ] in the BLP lesioned rats (2 weeks after surgery) compared to that in the control and sham-operated groups [ $F(2, 15) = 7.75, P < 0.01$ ]

and lymphocyte was significantly increased [F(2, 15) = 7.75, P<0.001] in the BLP lesioned group (2 weeks after surgery) compared to that in the control and sham-operated groups [F(2, 15) = 7.75, P<0.01] ( table 1 ). In the Arneth count the percentage of Neutrophil of 3 lobe and 4 lobe was decreased significantly in Amygdala(BLP) lesioned rats compared to that in the control [F (2, 17) =6.651,P<0.01 and [F (2, 17) = 14.186, P<0.001] and sham operated groups[F (2, 17) =6.651,P<0.001 and [F (2, 17) = 14.186, P<0.001] respectively where as 6 lobe and 7 lobe was increased significantly in Amygdala(BLP) lesioned rats compared to that in the control [F (2, 17) = 10.966,P<0.01 and F (2, 17) = 14.186, P<0.001] and sham operated groups[F (2, 17) = 10.966,P<0.001 and F (2, 17) = 14.186, P<0.001] ( table 4 )respectively.

**Experiment II**

The TC of WBC remained unaltered in the groups of CeA

lesioned rats (2 weeks after surgery) compared to that in the control and sham-operated groups. The percentage of Lymphocyte was significantly decreased [(F (2, 17) = 7.163, P<0.01 and P<0.05] in the CeA lesioned group (2 weeks after surgery) compared to that in the control and sham-operated groups (table 2). In the Arneth count the percentage of Neutrophil remained unaltered in the groups of Amygdala (CeA) lesioned rats (2 weeks after surgery) compared to that in the control and sham-operated groups.

**Experiment III**

The TC and DC of WBC remained unaltered in the groups of MeA lesioned rats (2 weeks after surgery) compared to that in the control and sham-operated groups. In the Arneth count the percentage of Neutrophil also remained unaltered in the groups of CeA lesioned rats (2 weeks after surgery) compared to that in the control and sham-operated groups.

**Table 1:** T.C. and D.C of WBC in BLP lesioned group and sham operated group 14 days after surgery with the TC and DC in control rats.

Groups	T.C. of WBC/ µl	Neutrophils, %	Lymphocytes, %	Monocytes, %
Control	8,333±111.369	24.4±0.368	66.2±0.648	4.8±0.221
14 days after Sham operation	7,900±653.867	22.0±1.602	72.0±1.053	4.0±0.523
14 days after Amygdala(BLP) lesion	7,361±111.458	14.7±0.385*	78.7±0.425**	3.8±0.126

Values are expressed as mean ± SEM (n = 6 in each group). The percentage of Nutrophil was significantly decreased compared to control and sham-operated rats 2 weeks after surgery: \* p < 0.01 and The percentage of Nutrophil was significantly increased compared to control and sham-operated rats 2 weeks after surgery\*\*p < 0.001.

**Table 2:** T.C. and D.C of WBC in CeA lesioned group and sham operated group 14 days after surgery with the TC and DC in control rats.

Groups	T.C. of WBC/ µl	Neutrophils, %	Lymphocytes, %	Monocytes, %
Control	8,333±111.369	24.4±0.368	66.2±0.648	4.8±0.221
14 days after Sham operation	7,200±140.328	23.5±1.602	70.1±0.536	3.5±0.897
14 days after Amygdala(BLP) lesion	7,250±140.346	28.0±4.542	62.4±0.943*	5.3±3.72

Values are expressed as mean ± SEM (n = 6 in each group). The percentage of Lymphocyte was significantly decreased compared to control and sham-operated rats 2 weeks after surgery: \*p < 0.05.

**Table 3:** T.C. and D.C of WBC in MeA lesioned group and sham operated group 14 days after surgery with the TC and DC in control rats.

Groups	T.C. of WBC/ µl	Neutrophils, %	Lymphocytes, %	Monocytes, %
Control	8,333±111.369	24.4±0.368	66.2±0.648	4.8±0.221
14 days after Sham operation	7,200±140.436	23.7±2.932	68.0±1.945	4.2±1.546
14 days after Amygdala(MeA) lesion	7,730±134.247	22.0±2.944	69.6±1.026	4.0±1.592

**Table 4:** Arneth count of neutrophil in BLP lesioned group and sham operated group 14 days after surgery with the Arneth count of neutrophil in control rats.

Groups	Neutrophils (%)			
	3 lobed	4 lobed	6 lobed	7 lobed
Control	19.8±2.62	33.6±3.01	15.8±1.34	4.6±0.82
14 days after Sham operation	14.0±2.33	34.0±2.42	14.0±2.34	4.0±0.54
14 days after Amygdala(BLP) lesion	10.2±0.55*	14.0±1.44**	23.1±2.93**	30.8±3.84***

Values are expressed as mean ± SEM (n = 6 in each group). The percentage of 3 lobe and 4 lobe of Nutrophil was significantly decreased compared to control and sham-operated rats 2 weeks after surgery: \* p < 0.05 and \*\*p<0.01 respectively. The percentage of 6 lobe and 7 lobe of Nutrophil was significantly increased compared to control and sham-operated rats 2 weeks after surgery\*\*\*p < 0.001.

**Table 5:** Arneth count of neutrophil in amygdala (CeA) lesioned group and sham operated group 14 days after surgery with the Arneth count of neutrophil in control rats values following ± indicate S.E.

Groups	Neutrophils (%)			
	3 lobed	4 lobed	6 lobed	7 lobed
Control	19.8±2.62	33.6±3.01	15.8±1.34	4.6±0.82
14 days after Sham operation	19.0±0.52	34.2±2.87	18.0±2.53	3.8±0.75
14 days after Amygdala(CeA) lesion	23.3±3.96	32.7±2.82	11.0±0.23	3.3±0.85

**Table 6:** Arneth count of neutrophil in amygdala (MeA) lesioned group and sham operated group 14 days after surgery with the Arneth count of neutrophil in control rats values following  $\pm$  indicate S.E.

Groups	Neutrophils (%)			
	3 lobed	4 lobed	6 lobed	7 lobed
Control	19.8 $\pm$ 2.62	33.6 $\pm$ 3.01	15.8 $\pm$ 1.34	4.6 $\pm$ 0.82
14 days after Sham operation	19.0 $\pm$ 0.57	34.0 $\pm$ 2.61	17.0 $\pm$ 2.56	3.3 $\pm$ 1.22
14 days after Amygdala(MeA) lesion	23.5 $\pm$ 2.42	34.7 $\pm$ 2.82	16.6 $\pm$ 0.52	3.5 $\pm$ 0.56

## Discussion

In the present study the effect of lesion of amygdaloid nuclei (BLP, CeA, MeA) on white blood corpuscles (WBC), which control the specific and nonspecific immunity in our body have been studied. As limbic structure is involved for the control of emotional behavior and is connected with the immune regulations area of the hypothalamus. Hippocampus, striatum area of limbic structure is also involved in brain CRH release and action (Gray *et al.* 1987; Whitnall *et al.*, 1993; Herman *et al.* 1994; Irwin *et al.*, 1990) [52, 46, 21, 22].

In this study the total count of WBC in control, sham operated and amygdala lesioned animal has been observed and it is revealed that the total count of WBC showed no significant change 14 days after lesion of any one of the amygdaloid nuclei such as BLP, CeA, MeA lesion in rats. Jurkowski *et al.* in 2001 [24] also reported that the number of leukocyte was not changed after lesion of BLP but after electrolytic lesion of septum total no of leucocytes was decreased and After lesion of PVN decreased blood leukocyte number (Hefco *et al.*, 1993) [19]. The present study showed that lesion of CeA and MeA were not able to change TC of WBC like that of BLP. It is revealed from the DC of WBC of present study of that neutrophils was decreased and percentage of lymphocyte was increased in BLP lesioned group, but the percent of lymphocytes was decreased in CeA lesioned group. However the DC was not changed in MeA lesion group, Though there is no report on the changes of DC of WBC after lesion of amygdala, it has been reported that electrolytic lesion of PVN of hypothalamus decreases the number of neutrophil (Hefco *et al.*, 1993) [19]. Lesion of AH decrease the number of lymphocyte and lesion of lateral septul increases the number of lymphocyte (Jurkowski *et al.*, 2001) [24]. Therefore results suggested that the percentage of lymphocyte were oppositely affected by BLP and CeA and neutrophils were only affected by BLP. A differential regulation of immunocyte are evident from the present study.

The Arneth count of showed that three lobed and four lobed of neutrophils were decreased but six lobed and seven lobed neutrophils were increased in BLP lesioned rats. The Arneth count did not show any change in CeA and MeA groups. It is found that the percent of neutrophils were decreased in BLP lesion rats but Arneth count showed a shift to right in BLP lesion rats. Result probably indicate the neutrophil mediated innate immunity was potentiated.

The behavioral changes in BLP and CeA lesioned rats were not observed in this study. As reported by others activity of rats were differentially changed from these two nuclei (Grijlava *et al.* 1990) [50]. Behavioral changes are accompanied by alternation of HPA axis or autonomic neural activity. However neither of these two possibilities were explored in this study.

The exact mechanism of the complex immune changes in Amygdala (BLP and CeA) lesioned rats cannot be ascertained from the present study.

This study concludes that some nonspecific parameters of immunity are changed after lesion of amygdala. However three

different nuclei of amygdala investigated in this study play different roles on the observed parameters of immune system. Lesion of basolateral amygdala appears to potentiate some immune process while lesion of central nuclei of amygdala is found to depress this process. Lesion of medial amygdala doesn't show any changes on the investigated parameters of immune systems.

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